

## 2019 Kagami Biraki & Budō Hajime

### 1. Purpose

In the New Year, a traditional rice cake cutting ceremony known as “Kagami Biraki” is conducted, followed by *budō* demonstrations and training to signify the start of another year of prosperity and development.

### 2. Event name

2019 Kagami Biraki Shiki & Budō Hajime

### 3. Organiser

Nippon Budokan Foundation

### 4. Supporting Organisation

Japanese Budō Association

### 5. Cooperating Organisation

Nihon Katchū Bugu Kenkyū Hozon-kai (Association for the Research and Preservation of Japanese Helmets and Armor)

Takatsu Decorative Arts Co., Ltd.

### 6. Date and Time

Monday January 14, 2019

12:00–16:00 (Planned)

### 7. Venue

Nippon Budokan, Large Dojo

(2-3 Kita-no-maru Koen, Chiyoda-ku, Tokyo)

### 8. Schedule

12:00–12:15 Opening Ceremony

12:15–12:45 Japanese Budō Association—Budō Awards Ceremony

12:45–13:05 Yoroi Kizome (a ceremony in which one wears armour for the first time)

13:05–13:25 Kagami Biraki Ceremony

13:30–14:44 Demonstrations by leading experts

14:44–15:25 Budō Hajime (Practice for each budō)

15:25–16:00 Shiruko Party (Serving of red bean soup)

16:00 Closing Ceremony

### 9. Enquiries

Nippon Budokan Foundation

Promotions Department

TEL: 03-3216-5134

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### Member Organisations of the Japanese Budō Association

Zen Nihon Jūdō Renmei  
(All Japan Judo Federation)

Zen Nihon Kyūdō Renmei  
(All Nippon Kyudo Federation)

Zen Nihon Karatedō Renmei  
(Japan Karatedo Federation)

Shōrinji Kempō Renmei  
(Shorinji Kempo Federation)

Zen Nihon Jūkendō Renmei  
(All Japan Jukendo Federation)

Zen Nippon Kendō Renmei  
(All Japan Kendo Federation)

Nihon Sumō Renmei  
(Japan Sumo Federation)

Aikikai  
(Aikikai Foundation)

Zen Nihon Naginata Renmei  
(All Japan Naginata Federation)

Nippon Budōkan  
(Nippon Budokan Foundation)