## The Budō Charter for Young People

 $Bud\bar{o}$ , the martial ways of Japan, are forms of traditional culture that hold in esteem a traditional martial spirit passed down since ancient times. Through the practice of  $bud\bar{o}$ , the student learns correct manners, refines his or her technical skills, and develops the mind and body to become a virtuous human being.

The student of  $bud\bar{o}$  does not only focus on the lesser goals of technical skill or winning competitions, but strives to understand the true ideals of  $bud\bar{o}$  and cherish its traditions.

The following articles outlined in the "Budō Charter for Young People" must be upheld by young practitioners in order for them to benefit from their study and to appreciate the ideals of  $bud\bar{o}$ .

(Objective)

Article 1

Endowed with a strong sense of justice, courage, consideration for others, and healthy bodies and minds achieved through training in the techniques of  $bud\bar{o}$ , we will aspire to become people useful to society.

(Keiko-Practice)

Article 2

When training in  $bud\bar{o}$ , we will abide by the traditional forms of etiquette and the lessons of our teachers. We will practise the fundamental techniques as accurately as possible, trying to learn not only the techniques, but will strive to strengthen our bodies and minds to the best of our abilities.

(Shiai-Competition)

Article 3

In matches (*shiai*) and demonstrations (*embu*) we will make every effort to demonstrate the skills we have acquired in the course of our training. We will do so with an earnest and dignified attitude, without becoming obsessed with winning or losing.

(Dōjō- Training Hall)

Article 4

The  $d\bar{o}j\bar{o}$  is a place where we learn our skills and cultivate strength in body and mind. We must follow the rules, behave in a polite manner, and keep the  $d\bar{o}j\bar{o}$  clean and safe.

(Peers)

Article 5

We must treasure the friendships we make in the  $d\bar{o}j\bar{o}$ , and cooperate and support each other. Let us enjoy our training together and strive to make friends with all those around us.

Member Organisations of the Japanese Budō Association

Zen Nihon Jūdō Renmei Zen Nippon Kendō Renmei (All Japan Judo Federation) (All Japan Kendo Federation)

Zen Nihon Kyūdō Renmei Nihon Sumō Renmei (All Nippon Kyudo Federation) (Japan Sumo Federation)

Zen Nihon Karatedō Renmei Aikikai

(Japan Karatedo Federation) (Aikikai Foundation)

Shōrinji Kempō Renmei Zen Nihon Naginata Renmei (Shorinji Kempo Federation) (All Japan Naginata Federation)

Zen Nihon Jūkendō Renmei Nippon Budōkan

(All Japan Jukendo Federation) (Nippon Budokan Foundation)

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